



# 2016-2019

## SPORT STRATEGIC PLAN

### The Essington School Darwin

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## SPORT STRATEGIC PLAN

### What do we want to achieve?

- To allow students to reach their full potential in the area of sport;
- Support the School's goals through our sporting program: holistic program, foster self esteem, pastoral care;
- Enhance school spirit;
- Support this Key Learning Area in the curriculum;
- Improve the opportunities for students to participate in sport;
- Improve the opportunities for students to perform at an elite level in sport;
- Support emerging and elite students to reach their potential in their individual sport where possible;
- Increase the number of sporting areas accessible to students within the School and the community, in school hours and out of school hours;
- Provide opportunities for students to participate in international sporting events
- Enhance sporting opportunities in the House system;
- Provide leadership opportunities in sport;
- Improve sporting facilities and equipment, and access to community sporting facilities.

### Why?

Sport is one of the eight key learning areas adopted across Australia in national curriculum, and one of the multiple intelligence areas (kinesthetics). It produces well-rounded and disciplined students and teaches organization, commitment and team spirit while helping to create a healthy body and a healthy mind. It allows students to encounter the highs and lows of competition and learn how to handle them. They learn teamwork, selfless behaviour, trust, loyalty, social skills, responsibilities, sportsmanship, manners and leadership. It provides an opportunity to develop relationships with international schools and students overseas.



## Strategic Plan For 2017-2019:

Expand our Yearly Sports Schedule, in 2017 set out below:

|          |  |
|----------|--|
| Term One | <ul style="list-style-type: none"> <li>• House Sport Activities</li> <li>• Transition to Year 2 Tabloid Games</li> <li>• Years 3-9 Basketball Physical Education Program</li> </ul>  |
| Term Two | <ul style="list-style-type: none"> <li>• Target sports: Rugby, Netball and Hockey</li> <li>• Major activity: House Athletics Carnival</li> <li>• Development of specific athletic skills (students above 8 years of age)</li> <li>• Cross Country</li> </ul> |
| Term 3   | <p>Major activities:</p> <ul style="list-style-type: none"> <li>• Swimming Program Years 4-12</li> <li>• Primary Interschool Athletics Competition</li> <li>• Year 3-9 Soccer Physical Education Program</li> </ul>  |
| Term 4   | <p>Major activities:</p> <ul style="list-style-type: none"> <li>• Primary Interschool Swimming Competition (Nightcliff Zone and Darwin Region)</li> <li>• Transition – Year 3 Swimming Program</li> <li>• T-Ball/Softball</li> </ul>                         |

Targeted Sports Programs in Basketball, Tennis, Soccer and Australian Football League (AFL):

**Essington Basketball Academy Program** - providing in-school targeted basketball coaching for emerging or high performing basketball players, and to provide opportunities to play internationally in Asia.

**Essington International Tennis Academy** – with the support of TennisNT and Tennis Australia, establish an Essington International Tennis Academy to provide in-school targeted tennis coaching in association with TennisNT for emerging or high performing tennis players, and develop international links in Asia to provide opportunities for tournaments and visiting tours to international schools in Asia.

**Soccer Academy Program** - providing in-school targeted soccer coaching for emerging and high performing soccer players in association with NT Football Federation and individual community soccer clubs, and provide opportunities to play internationally in Asia.

**AFL Academy Program** - to develop a girls AFL team to play in the local community sports competition, and also to provide targeted in-school AFL coaching in association with AFL NT for emerging and high performing AFL student players.

**Sport Support Group** – establish a school support group or groups to assist the development, promotion and implementation of an enhanced sporting program. This group of parents, teachers and friends of Essington will work closely with the Director of School Sport, Director of Elite and Community Sport, and the House Coordinator to implement the School's goals in this area.



**Essington Cannons Basketball Club** – continue to develop and grow the Essington Cannons Basketball Club and provide opportunities for students from Under 10 years up to Under 20 years to play in a school basketball team in the Darwin Basketball Association competition.

**Community Sports Clubs Links** – continue to develop links with community sports clubs to provide opportunities for Essington students to play their sport of choice during after school hours

**Elite Sports Program** – continue to identify and support emerging and high performing sports students and assist them to manage their sport and academic commitments.

**Affirmation of Students** – ways we can affirm, acknowledge and support students:

- Special Sporting Awards Assemblies each Term

- Awards system: Outstanding Student (Individual Sport, Age Group, Year Level, Primary, Secondary, etc.); Achievement Awards (weekly award at Friday assembly and Term Special Awards Assembly); Honor Board; Certificates & engraved medals and/or trophies; Encouragement Awards; Sportsmanship Awards, Contribution to Sport Award.
- Annual Awards (named after and endorsed by a significant sporting person)
- House Sporting Competition Shields, trophies and awards
- Corporate Sports Bursaries (\$250)

**Strategic Alliances** - develop strategic links with groups who can assist or support our students or sports program: NT School Sports, Active Australia, Sporting Clubs, Athletics Clubs, Australian and NT Institute of Sport.

**House Sport** - Extend existing House Sport competition to include additional sports: tennis, table tennis, netball, basketball.

**Promotion To School Community** - Weekly Sports Report in weekly school bulletin mentioning names of students involved and names of students awarded weekly Sport Achievement Awards; Brochure explaining and promoting

sport; Banners promoting sport at the school; reports in Essington News; Sports Noticeboard; display of photos on noticeboard.

**Others:**

- Holiday Skill Development Programs or Clinics
- Fundraise for equipment needed to support program including an annual Sports Raffle to support programs
- Use of Round Square Program to support Sport program and goals
- Identify possible parent, teacher and community support persons
- Identify local sport competitions or opportunities and dates of competitions, etc.
- Develop corporate sponsorship & to identify government or sporting association support possibilities
- Develop student sports leadership through positions such as Sports Captains and Vice Captains for key sports, and leadership training programs
- Conduct special Sports Award events
- Organise lunchtime sports opportunities with Essington Physical Education teachers
- Provide Sports equipment at lunch time Sport Store to allow students to borrow sporting equipment.

